

# The Cambridge Wellbeing Check

## A Guide for Teachers

*This example document provides an outline of the contents included in the teacher handbook, which can be used to support learning alongside the Wellbeing check*



**The Cambridge Wellbeing Check is accompanied by a detailed handbook for teachers which offers a wide range of guidance and advice for administering the check and interpreting the reports. The complete document covers the following points:**

- Welcome to the Cambridge Wellbeing Check
- What is included in the Cambridge Wellbeing Check package?
- How can I use the Cambridge Wellbeing Check within my school?
- How was the Cambridge Wellbeing Check developed?
- How does the Cambridge Wellbeing Check measure students' wellbeing?
- Has the Cambridge Wellbeing Check been approved in any way?
- Which students can use the Cambridge Wellbeing Check?
- When in the school year can I use the Cambridge Wellbeing Check?
- How often should I use the Cambridge Wellbeing Check?
- How should I implement the Cambridge Wellbeing Check in my school?
- How long does the Cambridge Wellbeing Check take?
- How are the results reported and how do I interpret them?
- What should I do if a report indicates a student has low wellbeing?
- A student has asked to see their responses to the Check. What should I do?
- Should I share my class's responses with students after they have taken the Check?
- What are the lesson plans and how do I use them with the Cambridge Wellbeing Check?
- How can school leaders find out the reasons that underly their students' responses to the Cambridge Wellbeing Check?
- We already undertake our own evaluation of students' wellbeing; how would we benefit from the Cambridge Wellbeing Check?
- Acknowledgements